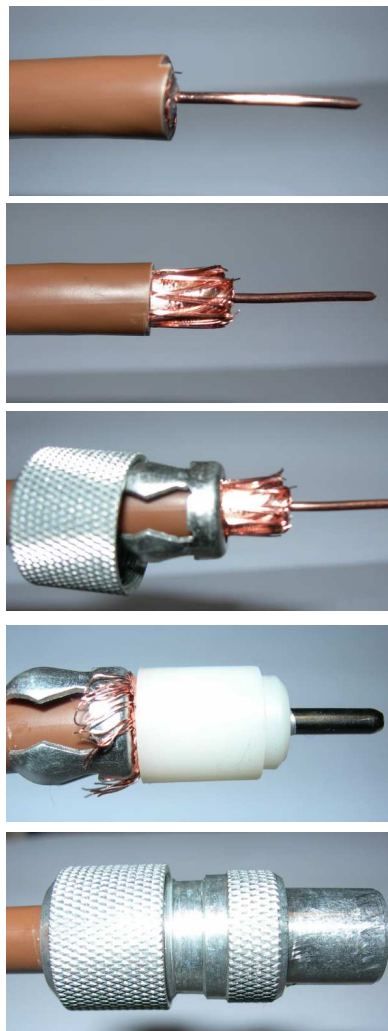


Adding extra BBC and ITV regions

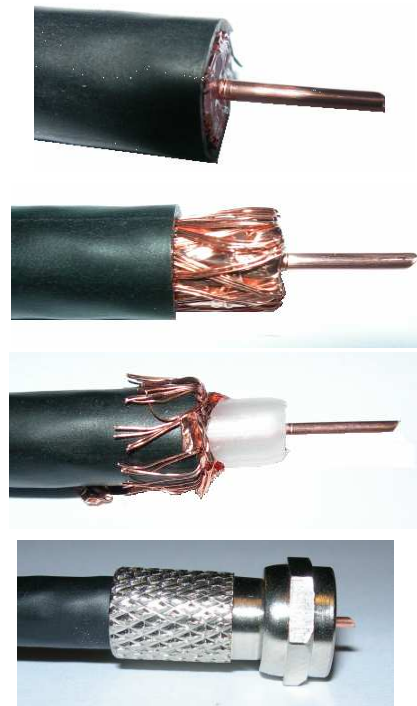
On the Sky digital remote control, press the "SERVICES" button. Then . . .

Press 4 (System setup)
Press 4 (Add channels)

Type in the details from the table below and then move the cursor to "**Find channels**". When the list appears, move the highlight to the desired channel and press the yellow button to save. Press "**Select**" when finished, followed by "**Sky**". Your new channels can now be found in the "Services", "**Other channels**" category.



- 1) Using a sharp knife, remove about ½ inch of both inner and outer insulation.
- 2) Remove another ¼ inch of outer insulation to expose the braid.
- 3) Pass the cable clamp over the braid until it meets the outer insulation.
- 4) Fold back the braid over the cable clamp.
- 5) Make a slight kink in the inner core to ensure good contact with the centre pin. Ideally, the centre pin should now be soldered to the inner core.
- 6) Slide on the barrel of the plug and screw down the cap. It should grip the cable without deforming the outer insulation.



- 1) Using a sharp knife, remove about ½ inch of both inner and outer insulation.
- 2) Remove another ¼ inch of outer insulation to expose the braid.
- 3) Fold back the braid over the cable insulation.
- 4) Screw the barrel of the connector down the cable until the inner insulation meets the base of the screw section. The centre core should protrude slightly from the end.

N.B. If the connector is used outside, it should be waterproofed with self amalgamating tape or similar material.

Sky digital extra ITV regions and Channel 5 FTA

10.832 H 22.0 5/6
10.891 H 22.0 5/6
10.906 V 22.0 5/6

BBC FTA details

10818 V SR 22000 FEC 5/6
10788 V SR 22000 FEC 5/6
10773 H SR 22000 FEC 5/6
10847 V SR 22000 FEC 5/6
10803 H SR 22000 FEC 5/6

Sky Plus & HD factory reset procedure

This MAY correct certain faults with Sky Plus receivers, such as:

- Stuck in standby
- Unable to record
- Loss of IF on input 2

Note that this procedure **WILL ERASE ALL STORED PROGRAMS AND SETTINGS.**

1) Switch off at the mains

Hold in the left and right navigation buttons on the front panel, restore the mains power and hold for about 30 seconds, until the green "play" light comes on.

2) Press Select

3) The "play" light will then rotate while the reset takes place. This can take up to 3 minutes. The receiver will then go to standby.

4) Leave the machine for a further few minutes to give the hard drive time to reformat.

If this fails to improve matters, the Sky+ may need its hard disc replacing. Please call for information and pricing.

For help and advice, or to book an appointment, please ring or call in.

Opening hours are:

Monday to Friday

9am - 5pm

Saturday

9am - 3pm

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Useful **5p**
information



Covering:

- Fitting F type connectors
- Fitting TV co-axial plugs
- Frequencies for additional ITV and BBC regions
- Factory reset of Sky+ units